Wendy Donaldson
Superintendent of Student Achievement
Student Support Services Department
40 Amelia Street, Orangeville, ON L9W 3T8
Email: wendy.donaldson@ugdsb.on.ca
Tel: 519-941-6191 ext. 240 or **Toll Free**: 888-535-5528

September 1, 2026

Hello Upper Grand School families,

Welcome to the 2026-2027 school year!

We want to let you know that we have a Child and Youth Counsellor as a part of our community who may interact with your child in a number of ways.

The CYC will be offering a variety of drop-in activities such as recess groups and games clubs and may also be a part of your child's experience at recess and nutrition breaks. As a valuable member of the school team, CYCs focus on supporting mentally healthy spaces alongside our classroom teams by providing relevant and important skill building and learning in the classroom. CYCs will also be a part of school team conversations to support student specific needs. It should be noted that school-based social workers may also on occasion be a part of school team meetings. If your student is not already being supported by the School Social Worker, verbal consent will be obtained. This may involve general consultations, observations and associated recommendations for school and classroom success.

The CYC may also offer a variety of structured groups for students as well as some short-term 1:1 counselling to identify relevant goals and skills to support classroom and school-based success. These would be short term, defined supports and would require appropriate consent for participation.

We very much look forward to our year and continuing to create a welcoming, mentally healthy and supportive environment where all of our students can thrive!

Sincerely,

Wendy Donaldson (May 22, 2026 10:36:10 EDT)
Wendy Donaldson
Superintendent of Student Achievement

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