

UGDSB TOGETHER

Monthly communications updates from the Upper Grand DSB

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School & Board Information

October is K-12 Cyber Awareness Month

Technology is an important part of how students learn, connect and have fun. Helping children and youth build safe and healthy digital habits is something we can all support. October is K-12 Cyber Awareness Month, an annual campaign that helps students, families and educators learn how to stay safe, secure and responsible online.

Throughout the month, we encourage families to focus on four areas:

- Digital Me – Secure Habits Matter
- Digital Us – Respect and Protect Others
- Digital Families – Healthy Digital Habits
- Digital Minds – Smart and Responsible AI Use

Keep the conversation going

You don't need to be a technology expert to help your child navigate the digital world. Ask questions about the apps, games and online spaces they use. Talk about what they enjoy, what concerns them and what they would do if something didn't feel right.

Small conversations and everyday habits can help children and youth become safer, healthier and more thoughtful digital citizens.

Learn more: Visit the K-12 Cyber Awareness Month website for tips, information and resources for parents and caregivers.





Support Office

Questions about your child's education? Start by speaking with your child's teacher and principal. If you still need support, our school board's Student and Family Support Office can help answer questions, provide information and connect you with the appropriate supports.

When you contact the office:

- your inquiry will be acknowledged within 2 business days
- the office aims to provide an answer within 5 business days

More from the UGDSB

Help Keep Our School Zones Safe

Whether you are driving, walking, wheeling, biking or taking the school bus, please take extra care in and around school zones. Busy drop-off and pick-up times mean there are often many students, families, buses and vehicles sharing the same space. If you are driving:

- Slow down and follow posted speed limits in school zones.
- Stay alert and watch carefully for children walking, biking or crossing the road.
- When a crossing guard is in the crosswalk with their stop sign, stop before the crosswalk and remain stopped until everyone, including the crossing guard, has completely cleared the roadway.
- Stop for school buses when their red lights are flashing. On roads without a median, traffic travelling in both directions must stop.
- Never move forward until the school bus's red lights have stopped flashing or the bus begins to move.

[Learn more about school zone, crossing guard, and school bus safety on the UGDSB website.](#)



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