UGDSB TOGETHER

Monthly communications updates from the Upper Grand DSB

Download our UG Connect Mobile App!

Make sure your UGDSB mobile app is up to date! Download the new mobile app - it's everything Upper Grand in your pocket. For the latest updates, please sign up for notifications from the UGDSB and your school.

- Download for Android https://aptg.ca/V7pmln
- Download for iPhone https://aptg.ca/370LCh

School & Board Information



UGDSB to celebrate Mental Health and Education Week
Between May 4 to 8, 2026, the Upper Grand District School Board will be celebrating Mental Health and Education Week. This year the theme we will be focusing on is "Feel Well, Think Well, Learn Well...Together!" Throughout the week classrooms will be focusing on a different topic each day. For more information, visit the board website. For mental health resources for students, please visit the board website. Resources that parents/caregivers can access to support their child(ren) can be found here. Throughout the week of May 4th, be sure to follow UGDSB on Instagram (@Uppergrand) and #MHUG for the latest Mental Health and Education Week content.

Get involved!
With so many great things happening across the UGDSB, there are many ways parents, students and community members can get involved with the board or your child's school, including:

- Volunteer at a School
- Join your School Council
- Subscribe for UGDSB Notifications on the UGConnect Mobile App
- Follow our Live Feed and Social Media
- Monthly Newsletter Updates
- Provide Input on Board Policy
- Book Space at our Schools

Click here for more.



Provide Your Input!

At the April 28, 2026, Board Meeting, the following policy was released for public consultation:

- Policy 205 - School Volunteers

You are invited to review the policy drafts and submit online feedback at www.ugdsb.ca/policy. The deadline for public input is May 13, 2026 at 4 pm EST. Persons without internet access may call 519-822-4420 (or toll-free 1-800-321-4025) ext. 544 to request a printed copy of the draft documents.

More from the UGDSB

World Autism Acceptance Month Art

Students from Pine River Institute have created an art display for World Autism Acceptance Month. Ten students contributed and worked together to make small art pieces to go along with this year's theme of "every life has value." They then incorporated everything into one cohesive project that represents the whole community. Pine River Institute helps to support a large number of students on the Autism Spectrum, so it was great to have their voices heard as well as their peer allies in this year's project.



'Supporting Your Child's Well-Being' free webinars

School Mental Health Ontario continues to host 'Supporting Your Child's Well-Being,' a free webinar series created with parents/caregivers, for parents/caregivers. Upcoming webinars include:

- May 7, 2026, 7-8pm - Conversations about body image. English language session with simultaneous French interpretation.
- June 5, 2026, 12-1pm - Conversations about anxiety

For full details on speakers and topics: SMH-ON | By Your Side Free Webinars | Blog. Please click here to register!