AI @ UGDSB

A STUDENT GUIDE

UPPER GRAND

WHAT IS AI?

AI is technology that can help with things like writing, research, solving problems, and creating ideas. It's a tool to support your learning, not replace it.

WHY ARE WE LEARNING ABOUT AI?

AI is already part of your world. At UGDSB, we want you to: Think for yourself; Use AI responsibly, and; Be ready for the future

OUR APPROACH

We focus on learning first, tools second. That means:Building your skills; Understanding how AI works, and ; Using AI in the right way

USE AI THE RIGHT WAY

DO

- Use AI to help you learn
- Ask questions and explore ideas
- Check if the information is correct
- Give credit if you use AI

DON'T

- Copy and submit AI work as your own
- Use AI to cheat
- Enter personal or private information
- Trust everything AI says

YOU ARE STILL IN CHARGE

AI does not replace your thinking. You should always: Make your own decisions; Check your work; Use your own voice

WATCH FOR THESE RISKS

- Mistakes: AI can give wrong answers
- Bias: AI may not be fair to everyone
- Privacy: Your information must stay safe

HOW AI CAN HELP YOU

- Get support when you're stuck
- Practice skills at your level
- Explore new ideas
- Learn in different ways

USING AI AT SCHOOL

- Follow your teacher's instructions
- Use UGDSB-approved tools only
- Be honest about how you used AI
- Ask questions if you're unsure

BE A RESPONSIBLE DIGITAL CITIZEN

When you use AI, you are:

- Showing respect for others
- Making safe choices
- Thinking critically
- Learning how to use technology for good

AI is powerful—but you are more powerful. Use it to learn, grow, and find your own path.