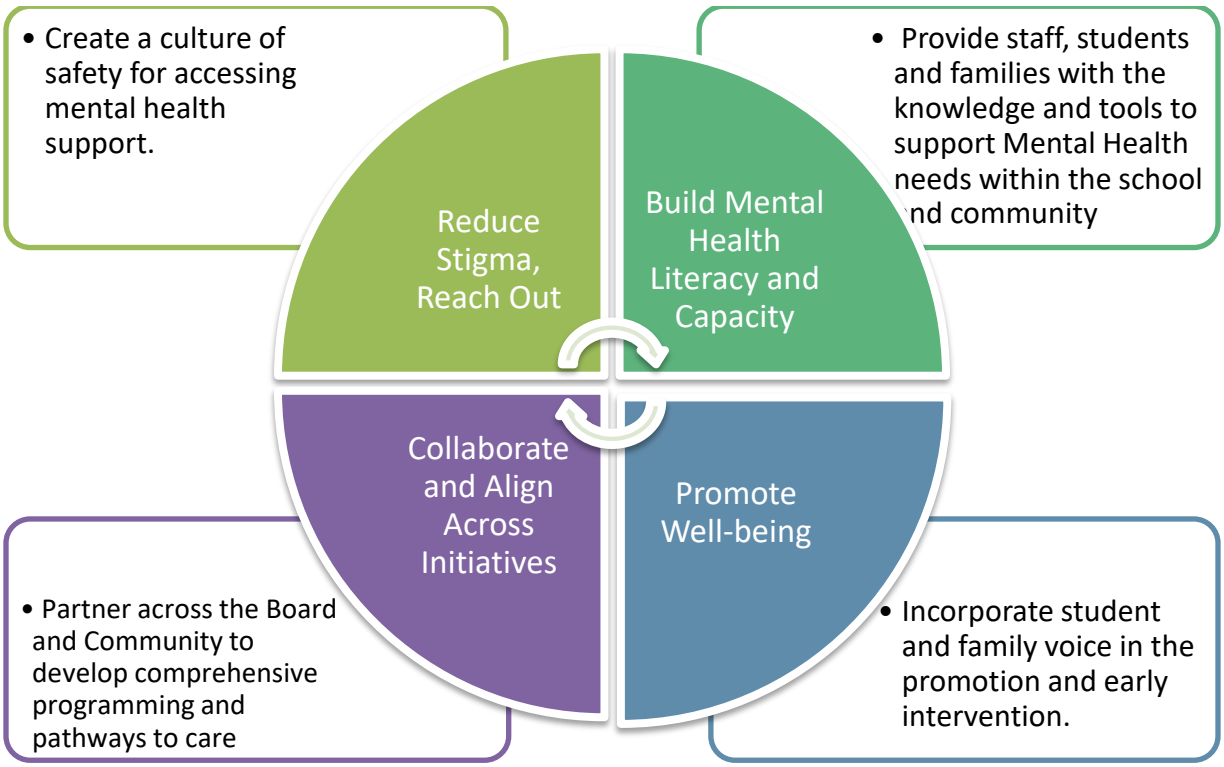
The Lambton Kent District School Board is committed to promoting positive mental health and well - being for all students. Student mental health is identified as a Board priority within the Student Achievement and Well-being portfolio. It is part of a larger vision to continue to craft safe, healthy, inclusive and engaging schools. Student mental health is inextricably tied to student engagement and academic achievement. This strategy recognizes the importance of mental health in the promotion of student success and achievement.

The focus of the Strategy for the next three years has been identified based on the highest needs within the LKDSB and incorporates program evaluation and quality improvement at every level. The core elements are as follows:



Each of these pillars guide the main goals to be accomplished over the next three years.

2024-2027 Goals	Core Elements
All Students will feel their Mental Health and Well-being is supported by all LKDSB staff **All students will understand how to access Mental Health Supports within their school community**	Reduce Stigma/Reach Out, Build Capacity.
Staff will be able to identify the signs and symptoms of suicide in others, locate the suicide prevention protocol, know who/how to contact individuals	Reduce Stigma/Reach Out, Build Capacity

For more information on the annual goals and outcomes, please contact the Board Mental Health Lead at david.hodgson@lkdsb.net

trained to provide intervention when needed, and ultimately carry out a successful intervention with the support of their School Team.	
Staff will be able to identify signs and/or symptoms of mental concern in others, locate the Pathway to Care resource, feel confident to support students with their learning needs as they are impacted, and know who/how to contact/refer to those who can provide the appropriate amount of support.	Build Capacity, Collaborate & Align
All schools will have at least one ASIST and safeTALK trained staff.	Build Capacity
Identify the scope of family/caregiver engagement as key component of student well-being.	Build Capacity, Align & Collaborate, Promote Well-being
Provide evidence-based mental health and well-being information in every secondary grade 10 Civics and Careers Class as per the new Civics and Careers Curriculum **Provide evidence-based mental health and well-being information in every Grade 7 and 8 class as per the new mandatory Mental Health Physical and Health Education Curriculum**	Reduce Stigma/Reach out, Promote Well-being
Use student voice to promote well-being in students' own schools and lives.	Promote Well-being, Align & Collaborate
Foster social emotional learning skills in all students, specifically through upstream universal and targeted interventions. (Mind UP, Everyday Classroom Resources	Build Capacity, Align & Collaborate, Promote Well-being
Assess school climate and student well-being on a biannual basis.	Align & Collaborate

Vision

- *Within the LKDSB, every school will be a mentally healthy school, where children and youth are supported and encouraged to maximize their full potential, and, in keeping with the Board's Vision, thus be equipped to help in their own way shape our world. Positive mental health and well-being will be supported and promoted. Partnerships with clearly defined goals, expectations, and roles will be developed to create a comprehensive and seamless pathway to care. A culture of caring and empathy will be the foundation for all to embrace, which will, in turn, allow for the development of productive, healthy contributors of our community.*

If you are interested in becoming more involved in mental health and well-being activities, please contact your administrator, supervisor, or Board Mental Health Lead for ways to get involved.

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