Griffin Park Newsletter

Empowering every student to thrive socially, emotionally and academically.

403-362-7555 call in your child's absence November 2026

Your School Advisory Council Needs YOU!

WAYS YOU CAN GET INVOLVED:

- Meet the last Wednesday of every Month at 6:30am - childcare available!
- Help plan one hot lunch.
- Help distribute hot lunch.
- Join the fundraising committee.
- Help organize our student convention.

HUGE THANK YOU TO THE FOLLOWING PARENTS:

Book Fair Volunteers: Amanda Zimmer, Sharon McCready, Sydney Webber, Wendy Kitagawa

SAC Members: Sydney Webber (chair), Amanda Zimmer (vice-chair), Sharon McCready (secretary), Kolbi Pfiefer (Parent Council FB group, bulletin board), Wendy Kitagawa (Fundraising & Hot Lunch coordinator), Janessa Deschamps (treasurer)

Join the FACEBOOK GROUP HERE!



Announcements

Book Fair sold approx $5000, giving Griffin Park library about $2500 in Scholastics books and resources!

Sign up for our Grasslands Public School App for all updates! "GPSD"

Home – Class

LET GROW

Exploring, learning, and growing together—one day, one lesson, and one success at a time!

Empowering kids to build confidence and resilience!

November is SERVICE: Help Around the House Month!

NOVEMBER

SERVICE:HELP OUT AROUND THE HOUSE

Hello Parents and Caregivers,

This month's activity theme is one that will change you AND your kid,

and it's pretty basic: Have your child start doing something YOU would normally do. It can be anything from doing the laundry to running an errand to checking in on Grandma. You will be a little more free, but so will your child.

How so? We all become "grownups" by doing more and more grownup things—including, eventually, all of them, like buying insurance, and talking about how badly we slept last night, and eating bran flakes instead of Cocoa Puffs. The freedom comes from being more in control of our days (and breakfast choices), moment to moment. Let your child experience the double helix of more freedom and more responsibility.

By trusting your child to do something formerly on YOUR list, they see that you trust them to be competent, and that they are actually being of service to the household, not just taking. They observe that their actions matter, and affect others around them. These are huge boosts to confidence and self-respect.

SCAN ME!

What's Next?

1. **Let your child take the lead in planning.** They will complete their own planning sections. Use this month's Activity Ideas List or help them come up with their own idea.
2. **Activity time!** Step back, so your child can step up. Leave the room to avoid your child feeling pressured, and resist any temptation to jump in, or to help or supervise. Remember, letting go is an act of bravery!
3. **How did it go?** Your child will answer reflection questions on their page, and you should also think about your experience.

This Month at Griffin Park



NOVEMBER

1	2 Boys VBall	3 1-3 Choir Girls VBall	4 GLEE Club Boys VBall at lunch	5 4-6 Choir Girls VBall	6	7
8	9 Boys VBall	10 Gr. 4 Field Trip 1-3 Choir	11 NO SCHOOL	12 NO SCHOOL	13 NO SCHOOL	14
15	16 Boys VBall	17 Picture Retakes 8:30am 1-3 Choir Girls VBall	18 GLEE Club Boys VBall	19 4-6 Choir Girls VBall	20	21
22 29	23 Boys VBall 30	24 1-3 Choir Girsl VBall	25 GLEE Club Boys VBall	26 4-6 Choir Girls VBall	27 Report Cards Go Home	28

Together THROUGH BLUE

A 14-DAY MOVEMENT CHALLENGE

IN SUPPORT OF BREAKTHROUGH T1D

WHY WE MOVE

November is Diabetes Awareness Month, and this is Reese's first one since her Type 1 diabetes diagnosis on October 5. Together Through Blue is **The Webber Family's** way of turning movement into meaning — raising awareness and funds for a brighter future for everyone living with Type 1 diabetes.

NOVEMBER 1–14

WORLD DIABETES DAY IS NOVEMBER 14

IN PARTNERSHIP WITH

Newell RUN CLUB EST. 2024

WALK/RUN · WORKOUT · DANCE · HOCKEY · OR ANY MOVEMENT YOU LOVE!

1 REGISTER

Join by scanning the QR code to participate in the challenge. A $10 donation is suggested. All ages are welcome, as well as donations without participation.

2 MOVE

Log your movement minutes from November 1–14. Choose any movement you love! **Tag @newellrunclub** on IG/Facebook stories with your movement for chances to win some prizes.

3 MAKE A DIFFERENCE

All funds raised go directly to Breakthrough T1D to support research, advocacy and a brighter future for those living with Type 1 Diabetes.

SCAN TO JOIN/DONATE

OR VISIT OUR FUNDRAISING PAGE

breakthroughT1D.akaraisin.com/ui/YourWay2026/p/97e81a5d7dcc442da80823b580bf4a76

More movement. Brighter tomorrow.

IN SUPPORT OF Breakthrough T1D™ Formerly JDRF